



# Coronavirus

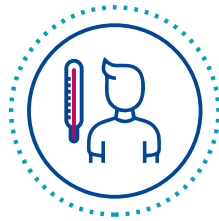
## What you should know about it?

The novel coronavirus SARS-CoV-2 causes an illness called COVID-19. Its most common symptoms include: fever, cough, dyspnoea, muscle pain, and fatigue. The virus spreads through respiratory droplets.

### The symptoms



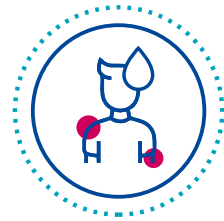
**cough**



**fever**



**dyspnoea**



**fatigue and muscle pain**

### What to do

If you have been to an affected area in the last 14 days and if you develop the above-mentioned symptoms



**immediately call a sanitary-epidemiological station or go directly to an infectious disease ward**

### Contagion

The virus spreads through respiratory droplets through:

 coughing and sneezing

 close contact with an infected person or touching infected surfaces

**When you have runny nose, cough or fever, stay at home, avoid close contact with others, don't put them at risk.**

### How to prevent infection



Wash your hands often using water and soap



If you sneeze or cough, cover your mouth and nose with a bent arm or a tissue



Regularly wash and disinfect touch surfaces



Stay at home and get rest while you are sick

### What else you can do



If it's possible work from home



Be prepared in case you need to stay at home for a longer period of time



Be prepared to look after your children when schools and kindergartens are closed

