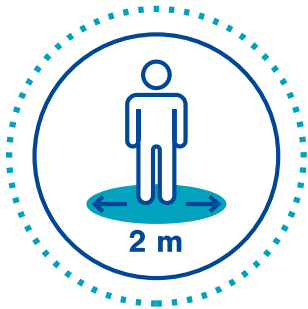




# Avoid infecting yourself and others

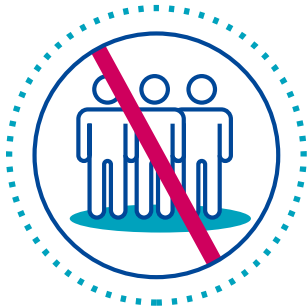


**Do not shake hands,**  
do not kiss on the cheek when greeting,  
avoid touching handrails and door handles.



**Keep at least  
a 2-meter distance.**

Avoid close contact with people  
who might be sick.



**Avoid large  
gatherings**  
and crowded places.



**Enter the room  
individually.**

Ventilate closed spaces and offices  
several times a day for a few minutes.

